

**STREPSILS Sore Throat and Blocked Nose Lozenges**  
**2,4-Dichlorobenzyl alcohol**  
**Amylmetacresol**  
**Levomenthol**

**Read all of this leaflet carefully because it contains important information for you.**  
This medicine is available without prescription. However, you still need to take Strepsils Sore Throat and Blocked Nose Lozenges carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve after 3 days
- If any of the side effects become serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

**In this leaflet:**

1. What Strepsils Sore Throat and Blocked Nose Lozenges are and what they are used for
2. Before you take Strepsils Sore Throat and Blocked Nose Lozenges
3. How to take Strepsils Sore Throat and Blocked Nose Lozenges
4. Possible side effects
5. How to store Strepsils Sore Throat and Blocked Nose Lozenges
6. Further information

**1. WHAT STREPSILS SORE THROAT AND BLOCKED NOSE LOZENGES ARE AND WHAT THEY ARE USED FOR**

Strepsils Sore Throat and Blocked Nose Lozenges contains two antiseptic ingredients for use in throat medications. These are used for the symptomatic relief of mouth and throat infections. These ingredients are both mild antiseptics which kill the bacteria associated with mouth and throat infections. The action of sucking the lozenge allows the active ingredients to work in the area of the discomfort and also helps lubricate and soothe the painful area. This helps relieve the soreness and discomfort of mouth and throat infections. Strepsils Sore Throat and Blocked Nose Lozenges also contains menthol. This has a mild local anaesthetic action and relieves the symptoms of nasal congestion.

**2. BEFORE YOU TAKE STREPSILS SORE THROAT AND BLOCKED NOSE LOZENGES**

This product is recommended for adults, children (over 6 years old) and the elderly. Children under 6 years old should not use this product.

**Do not take this product if you:**

- are allergic (hypersensitive) to 2,4-dichlorobenzyl alcohol, amylmetacresol, Levomenthol or any of the other ingredients shown in Section 6 – Further Information
- are under 6 years old.

**Do not take this product if:**

- You have an intolerance to certain sugars such as fructose, glucose-galactose and sucrose-isomaltose. These would be normally confirmed by your doctor. Intolerance would lead from conditions such as deficiency of the enzyme fructose-1-phosphate aldolase (leading to fructose intolerance), glucose-galactose malabsorption and sucrose-isomaltase deficiencies.

**Tell your doctor or pharmacist if you:**

- are taking or have recently taken any other medicines, including medicines obtained without a prescription.
- suffer or are suffering from any other throat problems

**Pregnancy and breast-feeding**

It is not recommended to use this product if you think you are pregnant, are pregnant or are breastfeeding.

Ask your doctor or pharmacist for advice before taking any medicine.

**Important information about some of the ingredients in this product**

This product contains sucrose and glucose. If you have been told by your doctor that you have an intolerance to some sugars contact your doctor before taking this product.

**3. HOW TO TAKE STREPSILS SORE THROAT AND BLOCKED NOSE LOZENGES**

Remove one lozenge from the foil blister packaging.  
Replace the foil blister back into the cardboard carton.  
Place lozenge into the mouth allowing it to dissolve slowly.  
Dissolve one lozenge slowly in the mouth every 2 – 3 hours.

Adults, Children (over 6 years old) and the elderly – One lozenge to be dissolved slowly in the mouth every 2 – 3 hours up to a maximum of 12 lozenges in 24 hours  
It is not recommended that children under 6 years use this product.

Remember that young children can choke on lozenges.

If symptoms persist for more than 3 days or if anything unusual happens please consult your doctor.

**If you take more of this product than you should**

You may experience stomach discomfort

Do not take any more of this product and consult your doctor or pharmacist.

**If you forget to take this product**

Do not take a double dose to make up for a forgotten lozenge. Continue to use this product normally.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

**4. POSSIBLE SIDE EFFECTS**

Like all medicines, Strepsils Sore Throat and Blocked Nose Lozenges can cause side effects, although not everybody gets them.

If you experience any hypersensitivity to this product i.e. itching, stop taking this product and consult your doctor or pharmacist.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Also you can help to make sure that medicines remain as safe as possible by reporting any unwanted side effects via the internet at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).

Alternatively you can call Freephone 0800 100 3352 (available from 10 a.m. to 2 p.m. Mondays to Fridays) or fill in a paper form available from your local pharmacy.

**5. HOW TO STORE STREPSILS SORE THROAT AND BLOCKED NOSE LOZENGES**

Keep out of the reach and sight of children.

Do not use this product after the expiry date which is stated on the carton. The expiry date refers to the last day of that month and the year.

Do not store above 25°C. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**6. FURTHER INFORMATION**

**What Strepsils Sore Throat and Blocked Nose Lozenges Contain**

The active substances are: 2,4-Dichlorobenzyl alcohol 1.2mg, Amylmetacresol 0.6mg, Levomenthol 8.0mg

The other ingredients are: Liquid sucrose, Liquid glucose, Tartaric acid, Eucalyptus oil, Indigo carmine (E132)

**What Strepsils Sore Throat and Blocked Nose Lozenges looks like**

A blue circular lozenge.

**Marketing Authorisation Holder:**

Reckitt Benckiser Healthcare (UK) Limited, Slough, SL1 3UH

**Manufacturer**

Reckitt Benckiser Healthcare International Limited, Nottingham, NG90 2DB